



NATIONAL UNIVERSITY OF SINGAPORE STUDENTS' COMMUNITY SERVICE CLUB

"To develop volunteerism amongst NUS undergraduates in a nurturing environment that fosters community service."

Paint-A-Home XVIII 23th January 2017 to 2nd July 2017

Paint-A-Home aims to improve the living environment of our beneficiaries by giving their homes a fresh coat of paint, and at the same time instil a spirit of volunteerism amongst NUS undergraduates.

1. OBJECTIVES

Community improvement - To enhance the aesthetic quality and living environment of 1- and 2-room rental units and bring colours and meaning to lives

Volunteerism - To develop volunteerism amongst NUS undergraduates in a nurturing environment that fosters community service and to involve more interaction between volunteers and beneficiaries

Leadership development - To allow the organising committee (OC) members to hone their leadership skills in the midst of planning and executing the project so as to experienced volunteer leaders to serve the community

Promoting awareness - To spread awareness of our beneficiaries during the course of the project

Bonded OC - To develop cohesiveness among OC members and to create lifetime friendships

2. ORGANISING COMMITTEE

Project Director

Assistant Project Director

Assistant Project Director

Secretary/Treasurer

Marketing Head

Marketing Assistant

Marketing Assistant

Marketing Assistant

Marketing Assistant

Design Head

Design Assistant

Design Assistant

Wu Jiayue

Leong Sheu Sheng

Lau Jun Xian

Khoo Qian Yee, Mandy

Lim Pin

Toh Lian Zhi

Bryan Loh Jian Wei

Sim Dan Min, Dominique

Wong Shi Ying

Kong Xin Ying

Loh Yi Ting

Janice Ng Jing Hong



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Design Assistant	Soh Yan Xi
Volunteer Management Head	Vernice Tan Ching Wei
Volunteer Management Assistant	Kenneth Peh Yang Beng
Volunteer Management Assistant	Janani Sickhan Ponnambalam
Volunteer Management Assistant	Lau Xin Yi
Logistics Head	Dominic Ng Jun Hao
Logistics Assistant	Goh Cheng Yu
Logistics Assistant	Tan Guan Quan
Logistics Assistant	Ho Yin Fai
Logistics Assistant	Koh Zong Ying

3. PROJECT OVERVIEW

a. Programmes/Events

Name	Date/Time	Venue
Beneficiary Visit	4 th March, 1 st April & 13 th May 2017 9am to 5 pm	Thye Hua Kwan Seniors Activity Centre @ Henderson (Satellite 93) Blk 93, Henderson Road, #01-210 Singapore 150093 King George's Ave Seniors Activity Centre Blk 811, French Road, #01-112 Singapore 200811 NKF (Marsiling, Tiong Bahru)
Internal Drive	20 th – 22 nd March 2017 11am to 6pm	<u>20th March</u> Arts – AS6 walkway bench Sci – LT25 benches UTown – SRC outside flavours <u>21st March</u> Biz – Bizard CR bench F Sci – LT25 benches UTown – SRC outside flavours <u>22nd March</u> Arts – AS6 walkway bench Sci – LT25 benches
Dry Run	27 th May 2017 9am to 8pm	King George's Ave SAC Blk 2



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Actual Event Weekend 1	3 rd & 4 th June 2017 8am to 6pm	<u>3rd June</u> Thye Hua Kwan SAC @ Henderson (Satellite 93) Blk 91, 92, 93 <u>4th June</u> King George's Ave SAC Blk 1, 2, 8
Actual Event Weekend 2	10 th & 11 th June 2017 8am to 6pm	<u>10th June</u> King George's Ave SAC Blk 7, 8, 811 <u>11th June</u> NKF (Marsiling) NKF (Tiong Bahru) Backup Unit (Kreta Ayer)
Touch up & Follow up visits	17 th June 2017 10am to 6pm	King George's Ave SAC Blk 2, 7

b. Beneficiary Supported

Beneficiary	Number
THK Seniors Activity Centre @ Henderson (Satellite 93)	8 Units
King George's Ave Seniors Activity Centre	10 Units
National Kidney Foundation (NKF)	2 Units
Backup Unit (Kreta Ayer)	1 Unit

c. Volunteer Statistics

Day	Volunteer Count	Unique Count & Past OC
3 rd June (Day 1)	92 NUS signups 1 NON-NUS signups	93 Unique Volunteers 7 PAH XVII OC Members
4 th June (Day 2)	55 NUS signups 6 NON-NUS signups	61 Unique Volunteers 3 PAH XVII OC Members 3 PAH XVI OC Members



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10 th June (Day 3)	67 NUS signups 6 NON-NUS signups 16 Youths from YB	89 Unique Volunteers 6 PAH XVII OC Members
11 th June (Day 4)	52 NUS signups	52 Unique Volunteers
Total	295	314

*First-Aider not included in all days as they come from 2 of the OC members.

d. Collaborations

King George's Ave Seniors Activity Centre THK Seniors Activity Centre @ Henderson (Satellite 93),

This year, PAH XVIII collaborated with the above centres in the identification of rental units that are under their care and served as a liaison between the residents and the OC. King George's Ave SAC provides programmes/activities such as morning exercises, TCM services, interactive activities, monthly birthday celebrations and excursions for the elderly. THK SAC (Satellite 93) provides programmes that support active ageing, empower the elderly to live independently, stay socially engaged and enjoy a better quality of life.

National Kidney Foundation (NKF)

For this year, PAH XVIII worked with the chronic illness sector as well. As the largest kidney foundation in Singapore, NKF promotes kidney transplant and provides quality, highly subsidised dialysis treatment and holistic care. PAH XVIII collaborated with NKF's very own house painting project, whereby NKF will source for units that needs to be painted from their list of patients, and PAH will provide the resources and manpower required for the painting to be done.

e. Sponsors and list of sponsor items

Name	Items
Public Utilities Board	1000 NEWater bottles
City Developments Limited	\$2000 Cash
Skychem	\$2000 Cash
Alibaba Printing	Free printing of flyers
Berger Paint	Paint sponsor
BKW Car Rental	Partial sponsorship for van rental
Jl Trading	Painting Equipment



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Combat Pest Control	Free bedbug fumigation services
Supersteam	Cleaning Equipment
Print City	Postcards
Wah Mee Silk Screen	Partial Sponsorship for T-Shirt Printing
The Coffee Roaster	Vouchers
I'm Kim Korean BBQ	Vouchers
Homage Lifestyle	Bedframes
IMH Chat	Notepads
Apgujeong MyeongDong Hair Studios	Vouchers

f. Financial Statement

Total Amount Allocated	
Total Sponsorship/Donation	\$19210.28
Total Expenditure	
Surplus/ (Deficit)	

4. PROJECT DEVELOPMENT

a. Choice of beneficiary

This year, PAH XVIII adopted a different approach from last year. Instead of solely targeting the elderly sector, PAH XVIII targeted people with disabilities/chronic illnesses as well. These people have physical and financial difficulties and they needed more help than others. Hence, a collaboration was made with NKF.

The search for suitable beneficiaries began by contacting Seniors Activity Centres directly, rather than contacting Community Development Councils and Community Centres. The rationale is that SACs conduct more groundwork with beneficiaries and are able to give quick and relevant information as compared to CDCs and CCs. As for beneficiaries under the disabilities/chronic illnesses, several organisation that caters to the needs of these people were contacted. Eventually, NKF was the organisation of choice for the project as they were very keen on the project.

To select suitable beneficiaries, needs assessment survey was carried out during the beneficiary visits for residents who were keen on taking part in PAH. The survey helped the OC to identify their living conditions, painting needs and understand more about their daily routine and dietary restrictions, as well as assess the units that required painting, cleaning and bedbug fumigation. Apart



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from the list of residents under the care of the SACs, other units outside of the list given by the SACs managers and NKF's Point-of-Contact were identified. This ensured a wider outreach to those truly in need of a fresh coat of paint, ensuring a more comprehensive selection process. During the process, the partner organisations were constantly informed of the intended plans, while certain considerations were carefully communicated to them in preparation for future phases of the project.

b. Publicity

PAH XVIII brought back an initiative from PAH XVI for the publicity initiatives – time lapse video. A time-lapse video showing the mural painting process was posted on Facebook at the end of PAH to showcase some of the works done by the designers/volunteers. A photo montage video was also posted at the end of PAH XVIII to thank the volunteers. These initiatives were well-received by volunteers and corporate sponsors. It also served as a media for sponsors' publicity.

The marketing cell also worked with the designers to come up with an e-poster consisting of the various sponsors for PAH XVIII. This was sent out to the volunteers as part of sponsors' publicity when the Volunteer Management Cell sent out their thank you emails to the volunteers. Future PAH can consider continuing this practice.

c. Internal Drive

For this year's internal drive, PAH had a fundraiser which was something different from the previous years. Besides the usual practice of asking for donations, snacks and welfare packs were sold. A total of \$3,400 in profits and donations, which is the largest amount of funds raised in PAH so far, were made. Nonetheless, the Project Directors (PDs) had felt that the planning of the fundraising should be left to more OC members instead of just the PDs and Cell Heads to reduce the strain on the cell heads. Furthermore, future PDs should evaluate if the extra funds from the fundraiser are necessary considering that there are other sources of income.



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d. Beneficiary welfare

Due to the success of the OC in soliciting cash and grant sponsorship, the furniture phase was continued this year as part of the initiative to value-add to the project. This allows PAH XVIII to provide basic furniture and necessities to units that require them. The selection and allocation was based on the needs assessment survey done during the beneficiary visits and actual event. Nonetheless, OC members need to make clear to beneficiaries that these requests are unconfirmed and they will be contacted again if sufficient resources are acquired for these items. Eventually, a total of 1 induction cooker, 1 clothes rack, 1 sofa bed, 1 set of sofa sheets, 1 folding table, 2 metal bed, 2 computer table, 2 TV console, 2 kitchen cabinet, 3 light bulbs, 4 wardrobes, 5 standing fans 16 mattress, were purchased. The aim is to provide a holistic improvement to the living environment of the beneficiaries. With the remaining sum of budget surplus, PAH was able to extend help to units not painted during the actual event. A total of 5 extra mattresses was purchased for elderlies under KGA SAC.

e. Condition of units

This year PAH faced spalling concrete issues, at both KGA and THK SAC. Due to the aging condition of the block, there were infrastructural problems that led to concrete pieces coming loose while painting, especially on the ceilings and in toilet areas. These areas were left unpainted so as to prevent further damage to the conditions of the infrastructure. After which, the SACs were informed of these issues and liaised with HDB to resolve them. Future PDs who are considering painting older units should thus liaise with HDB before the actual event. Even though the SACs were contacted, the problem was still not fixed before the actual event. As such, future PDs should ensure that the issues are fixed before the actual painting by checking on the beneficiaries.

Another problem faced this year was the problem of peeling paint. This issue was resolved by applying a layer of wall sealer on the walls of the whole unit with peeling paint before painting. In addition, wall sealer was applied to all ceilings whether it was peeling or not. This was a precautionary measure to prevent PAHXVI's issue of severe spalling paint, which was very successful as there were no complaints of spalling paint for PAHXVII and PAHXVIII.



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5. SUGGESTIONS FOR FUTURE DEVELOPMENT

a. OC-beneficiaries interaction

PAHXVIII made an extra beneficiary visit resulting in a total of 3 official visits. This was implemented as the PDs felt that the usual 2 visits were not enough for the OC to build rapport with the beneficiaries. There has been much success to this new initiative as the PDs felt that most of the OC members was able to get to know more about the beneficiaries and their stories.

Extra visits also allowed the OC to familiarise themselves with the painting areas better. For the 3rd beneficiary visit, future PDs can consider placing group leaders in the units which they are going to be painting during the actual event. This is so to allow both the beneficiary and the group leader to build rapport with one another, and to prevent shock to some of the group leaders who had never seen the unit before.

b. Pre-painting Preparatory Work

For this year's PAH, there were several units with severe peeling paint and about half a day's worth of time had been used to scrape the wall. This may hinder the progress of the unit and the unit may be unable to complete on time before 6pm. Thus, future PDs should consider getting some of the OC members to scrape some of the walls before the actual event days. This can help ensure that the volunteers are not held back during the actual event and to allow the volunteers to have a sense of accomplishment of completing a unit.

In addition, the conditions of some units may be extremely cluttered or have hoarding issues, future PDs need to ensure such units have a proper clearing up process before the actual events. Hoarding issues may be particularly pertinent for elderly units while cluttered units are commonly identified in Malay households. It would be useful to work with Central community partners who provide free clean up services, or recruit volunteers to help out with this phase. This ensures sufficient time for a thorough clean-up process to make the homes of the beneficiaries a better place to live in as well as to ensure a smoother painting process during the actual event, where only basic cleaning service is done prior the painting.



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c. Clashing of Painting organisations

Future PDs should consider the possibility of clashing organisations who are helping the same block of beneficiaries. As some beneficiaries, especially elderlies have difficulty in remembering volunteer faces and might not be able to recognise the different student organisations, it would be advised to have same group of OC members visit the same beneficiaries throughout all the beneficiary visits. In this case, beneficiaries would then be able to identify the OC members as NUS CSC Paint-A-Home programme instead of other voluntary organisations. At the same time, the team should paste a reminder note on beneficiaries' wall, such that if other student organisations approach the same beneficiary, they would be aware of a clashing painting project.

Reported by:

Wu Jiayue (Ms), Leong Sheu Sheng (Mr), Lau Jun Xian (Mr)

Project Directors

Paint-A-Home XVIII

NUS Students' Community Service Club

A Constituent Club of NUS Students' Union